



**2012 CONNECTICUT STATE OPTI CHAMPS  
STAMFORD YACHT CLUB  
97 OCEAN DRIVE WEST  
SEPTEMBER 23, 2012**

**SAILING INSTRUCTIONS**

**1 RULES**

- 1.1** The regatta will be governed by the rules as defined in The Racing Rules of Sailing and conditions for USODA events.
- 1.2** Rule 60.3 is changed to permit the protest committee to protest a boat when, from its own observation or a report received from any source, it believes that a competitor may have committed a breach of sportsmanship.
- 1.3** Rule 61.1 is here by as follows: "Immediately after finishing a race, without consultation with instructors, coaches or spectators, a boat shall notify the Race Committee finish boat of its protest against another boat and (if possible) provide the sail number or skipper's name of the protested boat."
- 1.4** Rule 63.7 is here by replaced with: "If there is any conflict between the Sailing Instructions and the Notice of Race, the Sailing Instructions shall apply."

**2 NOTICES TO COMPETITORS**

- 2.1** Notices will be posted on the official regatta notice board outside the dock house and will be covered at the competitors' meeting the day of the event.

**3 CHANGES TO SAILING INSTRUCTIONS**

- 3.1** Any change to the sailing instructions will be posted no fewer than 30 minutes before the harbor start on the day the changes take effect.

**4 SIGNALS MADE ASHORE**

- 4.1** Signals made ashore will be displayed from the committee boat.
- 4.2** The harbor start will be signaled by a single horn from the Race Committee boat. No boat shall leave the harbor until the harbor start has been signaled.
- 4.3** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP.

**5 SCHEDULE OF RACES**

- 5.1** The race committee intends to run as many races as possible. No more than six races will be conducted.

**5.2** No warning signal will be made after 1530 on race day.

**5.3** The schedule of events is as follows:

<b>Date</b>	<b>Time</b>	<b>Activity</b>	<b>Location</b>
<b>Sept. 23, 2012</b>	0800 - 0930	Registration	Front lawn
	0930	Instructors Meeting	SYC Club House
	0945	Competitors Meeting	SYC Club House
	1000	Harbor Start	
	1100	First Warning Signal	
	After Racing	Presentation of awards	Front lawn

## **6 CLASS FLAGS**

**6.1** The class flag will be the Optimist Class flag.

## **7 RACING AREA**

**7.1** The racing area will be the waters outside the Stamford Harbor southwest of Gong "1."

## **8 THE START**

**8.1** Races will be started using Appendix S, "Sound-Signal-Starting-System" (3 minute start). This changes Rule 26.

**8.2** The starting line will be between staffs flying an orange pennant on the Race Committee Boat at the starboard end and a Mark Boat at the port end.

**8.3** Appendix S is changed as follows:

- a) S6 (individual recalls) is deleted and replaced by SI 11 (Recalls of OCS boats)
- b) S2 (signals) The class flag will be hoisted with the warning signal and will be dropped at the start. If code flag "I" and/or "Z," or the black flag are in use, these flags will be displayed with or before the warning signal and will be dropped one minute before the start.

**8.4** All Classes (Red, Blue, and White) will start together in one start.

**8.5** A series of short sounds will be used to call attention just before the warning signal for each start.

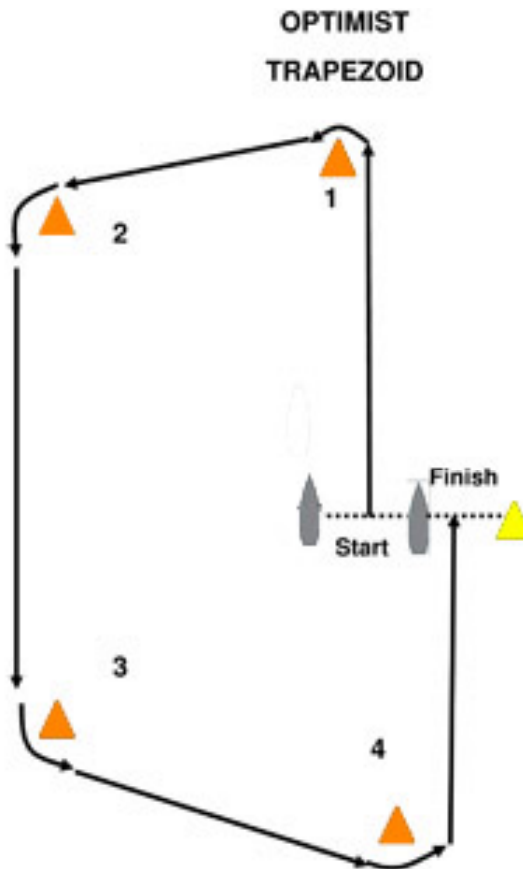
**8.6** Additional races may start very soon after each fleet completes the preceding race.

**9 MARKS**

**9.1** Rounding marks 1, 2, 3 and 4 will be ORANGE tetrahedral marks.

**10 THE COURSE**

**10.1** The courses to be sailed will be a trapezoid with the start and finish in the middle of the windward leg.



**11 RECALLS OF OCS BOATS**

**11.1** The Race Committee intends to hail the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, an untimely hail of OCS boats, failure to hail any boats and the order of the boats in the hail shall not be grounds for granting redress. This changes rules 41 and 62.1

- 11.2 If code flag “I” and/or “Z,” or the black flag has been displayed, the race committee will attempt to hail the sail number(s) of boats on the course side of the starting line during the minute before her starting signal.
- 11.3 A general recall will be signaled by “First Substitute” flag and two sound signals. After a general recall, the “First Substitute” flag will be dropped with a long horn and a new three-minute sequence will begin one minute after the lowering of the “First Substitute” flag.

## **12 THE FINISH**

- 12.1 The finish line will be between a staff flying a blue flag on a Signal Boat at the port end and a YELLOW tetrahedron at the port end.

## **13 TIME LIMITS**

- 13.1 The time limit for the first boat in each class to finish shall be 60 minutes.
- 13.2 Boats failing to finish within 15 minutes after the first boat in their class to sail the course and finish will be scored TLE (time limit expired) without a hearing. They shall receive points equal to the sum of the number of finishers plus 2 points, but not worse than DNF. (This changes rules 35, A4 and A5.)

## **14 PROTESTS AND REQUESTS FOR REDRESS**

- 14.1 Protest forms will be available at the registration table. Protests, requests for redress, or re-openings shall be delivered there within the appropriate time limit.
- 14.2 For each class, the protest time limit is 30 minutes after the race committee signal boat docks.
- 14.3 If the Race Committee posts a list of boats scored OCS, ZFP or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than 30 minutes after the protest time limit. This modifies Rule 62.2.
- 14.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at the end of the day’s racing in a location announced at the registration table.
- 14.5 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under rule 61.1(b) within the protest time limit.
- 14.6 Protests under Sailing Instructions 4.2, 6, 16 and 18 may be made only by the race or Protest Committee.
- 14.7 Redress Hearings: Any competitor who may wish to become a party to a scheduled redress hearing, should: 1) check the daily “schedule of protest hearings” that the Protest Committee will post on the official notice board describing the nature of the redress request and the time of the hearing, and 2) submit a written request to participate in the hearing to the Protest Committee before it begins.

## **15 SCORING**

- 15.1** The Low Point Scoring System of Rule A will apply.
- 15.2** One completed race shall constitute a regatta.
- 15.2** If all six races are completed, a boat's overall score will be the total of her race scores excluding her worst score.
- 15.3** Classes (Red, Blue and White) will be scored separately by fleet as well as together for an overall champion.

## **16 PRIZES**

- 16.1** Prizes will be awarded to the top three finishers in the Red, Blue and White fleets.
- 16.2** Only Connecticut residents are eligible for various perpetual trophies.
- 16.3** The top overall Connecticut finisher will be awarded the Connecticut State Optimist Champion Trophy.
- 16.4** Additional awards may be added at the discretion of the organizer.

## **17 SAFETY REGULATIONS**

- 17.1** Competitors and instructors are required to wear a properly fastened PFD with whistle attached at all times when on the water or on the dock in accordance with JSA rules.
- 17.2** Before the first warning signal for each day, all boats shall check in with the race committee by sailing on starboard tack or towing past the stern of the anchored race committee signal boat and hailing their sail number until acknowledged by a committee member. Infractions of this instruction may be protested by the Race Committee only.
- 17.3** A boat that retires from a race shall notify a race committee boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.

## **18 SUPPORT BOATS**

- 18.1** Coaches, support personnel and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the Race Committee signals a postponement or abandonment. Coaching is not permitted after a general recall.
- 18.2** Coaches and support personnel are required to monitor the Race Committee VHF channel and follow any safety instructions issued by the Race Committee. The VHF channel to be used will be 5.

## **19 TRASH DISPOSAL**

- 19.1** Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats.

**20 RADIO COMMUNICATION**

**20.1** Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications of any kind. This restriction also applies to mobile telephones.

**FURTHER INFORMATION**

Regatta Chairperson:

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Principal Race Officer:

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